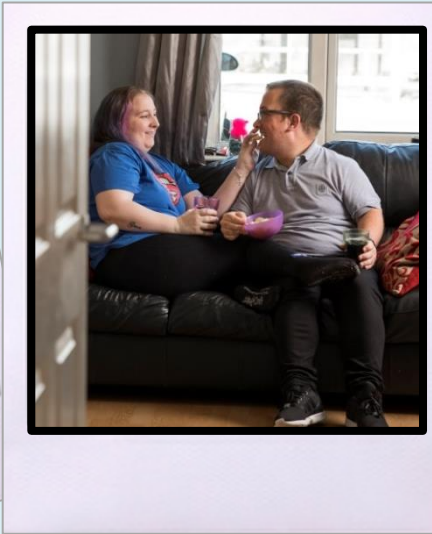




The life i want



# Relationship Charter

**It is my human right to:**

- ✓ be an equal citizen
- ✓ form close friendships and relationships of my choice
- ✓ make my own choices, unless there is a legal reason why I do not have capacity
- ✓ have access to proper and relevant sex and relationship education and advice so I can make informed choices
- ✓ be supported in a way that allows me to explore and express my sexuality safely and respectfully, without bias
- ✓ be treated with dignity and respect and have my right to privacy respected
- ✓ experience things and learn from my mistakes
- ✓ be safe from sexual and other forms of abuse
- ✓ get married and have a family of my own if that is what I choose

*My relationship choices are as valid as anyone else's*



This Charter was prepared by partners of **‘The Life I Want’** Relationships Workstream with support from our lead partner organisation **dates-n-mates**.

This Charter follows the Human Rights Act (Article 8) as well as the Scottish Government **The keys to life** framework, which states:

**“People with learning disabilities should be able to have safe and healthy relationships”** and;

**“People with learning disabilities should have their right to have and raise children protected”**



To pledge your support to our campaign go to [www.facebook.com/thelifeiwantglasgow](https://www.facebook.com/thelifeiwantglasgow)

**and sign up!**